

Options for Care

This four-part series of workshops is for family caregivers of persons with Alzheimer Disease or a related dementia. Caregivers may sign up for all four workshops or just the sessions they feel are most relevant to them.

Community Care Access Centre Services

Maureen McGowan, Central East Community Care Access Centre

Monday, March 05, 2012 1:30pm to 3:30pm

What else is there out there? Exploring service options

Carolyn Douglas, Hillsdale Adult Day Program

Cindy Lipsett, Community Care Respite Program

Ben Chartier, Durham Transit Specialized Services

Joan Crawford, VON SMART program

Monday, March 12, 2012 1:30pm to 3:30pm

Occupational Therapy Benefits for a Person with Dementia

Occupational Therapist TBD

Monday, March 19, 2012 1:30pm to 3:30pm

And what about private care options....?

Various service providers' panel discussion and displays

Monday, March 26, 2012 1:30pm to 3:30pm

All sessions will be held at the Alzheimer Society of Durham Region Office
419 King Street West, Suite 207 (Oshawa Centre Office Tower)

For more information or to register, please call 905-576-2567 or 1-888-301-1106

Community Care Access Centre

The Community Care Access Centre (CCAC) is the local point of access to community-based health care services. The CCAC was created to coordinate a variety of health services to maintain an individual's health, independence and quality of life. Topics include long term care placement, accessing adult day programs, activities of daily living care, hospital aftercare.

Exploring other service options

If you're providing care for a loved one, how do you locate caregiving services that meet your specific needs? In this session, we feature key publically funded service providers: adult day programs, in-home respite, exercise and specialized transit

Benefits of Occupational Therapy

The goal of occupational therapy is to create a comfortable balance between a person's safety and maximum independence. The payoff for the person with dementia (pwd) is improvement in cognitive and hands-on skills in doing daily activities that help the person live more independently with a better quality life for a longer period. Caregivers involved in the pwd's occupational therapy treatment plan benefit with reduced stress and an increased feeling of proficiency. Occupational therapy is worth investigating if you or a loved one is affected by dementia.

Private care options

Come and join us for a lively panel discussion on private care options by local service providers. This will also be a great opportunity to visit information booths and speak to providers one-to-one.