

ALZHEIMER SOCIETY OF DURHAM REGION

Caregiver Support Groups

For family/care partners to meet together and exchange ideas in a supportive environment.
Support groups are facilitated by Family Support staff.

<p><u>Ajax-Pickering Caregiver Support Group</u> 10:00a.m. to 12:00p.m. 2nd Wednesday of the month Pickering Village United Church 300 Church St. N., Ajax</p>	<p>From Kingston Rd, go north on Church St. The church is on west side of Church St. The group meets in the lounge off the main entrance inside the church.</p>
<p><u>Ajax-Pickering Caregiver Support Group</u> 6:30 p.m. to 8:30 p.m. 4th Wednesday of the month Orchard Villa Retirement Residence In the Victoria Harbour Lounge 1955 Valley Farm Road, Pickering</p>	<p>Enter parking lot off Valley Farm Rd. Enter through the doors with the Orchard Villa Canopy. Victoria Harbour Lounge is the first door on the right.</p>
<p><u>East Durham Caregiver Support Group</u> 6:00 p.m. to 8:00 p.m. 3rd Tuesday of the month Lakeridge Health Bowmanville 47 Liberty St. South, Bowmanville</p>	<p>Liberty Street can be accessed from both the 401 and Hwy 2. Follow hospital signs. Go in main entrance of Hospital and follow signs to Lambert Conference Room.</p>
<p><u>North Durham Caregiver Support Group</u> 1:30p.m. to 3:30p.m. Last Tuesday of the month Trinity United Church 20 First Ave, Uxbridge</p>	<p>Hwy 12, West on Hwy 47, North on First Avenue</p>
<p><u>Oshawa-Whitby Caregiver Support Group</u> 1:00 p.m. to 3:00 p.m. 1st Wednesday of the month Alzheimer Society Of Durham Region Oshawa Exec. Centre, Oshawa Centre 419 King St. W., Suite 207, Oshawa</p>	<p>Oshawa Centre can be accessed from Stevenson Rd., Gibb St. and King St. (Hwy 2). Look for the brick tower with 'OC' on it (next to Casey's, and Zellers) Use main entrance.</p>
<p><u>Oshawa-Whitby Caregiver Support Group</u> 1:00 p.m. to 3:00 p.m. 3rd Wednesday of the month St. Andrew's Presbyterian Church 209 Cochrane St., Whitby</p>	<p>East side of Cochrane Street, which runs north from Highway 2 and west of the four corners in Whitby (Brock Street and Dundas/Highway 2) next to Fairview Lodge.</p>



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Other Support Meetings

<p>Men's Breakfast A social breakfast meeting for male caregivers at a public restaurant 9:00 a.m. to 10:30 a.m. 3rd Wednesday of the month</p>	<p>Denny's Restaurant 75 Consumers Drive Whitby</p> <p><i>Please call our office to confirm your attendance.</i></p>		
<p>Early Stage Support Groups for persons with dementia and their care partners</p>	<p><i>Pre-registration is required. Offered at scheduled times throughout the year. Please call our office for further details.</i></p>		
<p style="text-align: center;">North Durham Satellite Offices <i>Offering one-to-one support for persons with dementia, their care partners or anyone concerned about memory problems. Please call us for more information.</i></p> <p style="text-align: center;">3rd Monday of the month <i>* Please call our office to book an appointment*</i></p> <table><tr><td><p>Port Perry Satellite office 9:00 a.m. to 12:00 p.m. West Shore Village Retirement Residence 293 Perry St. Port Perry 3rd floor Activity Room</p></td><td><p>Beaverton Satellite Office 1:00 p.m. to 4:00 p.m. Lakeview Manor 133 Main Street West Meeting Room</p></td></tr></table>		<p>Port Perry Satellite office 9:00 a.m. to 12:00 p.m. West Shore Village Retirement Residence 293 Perry St. Port Perry 3rd floor Activity Room</p>	<p>Beaverton Satellite Office 1:00 p.m. to 4:00 p.m. Lakeview Manor 133 Main Street West Meeting Room</p>
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Let's Talk.

Our trained and professional staff are available Monday-Thursday between 8am-5pm, and Fridays 8am-4pm, to provide phone, office and home visit support.

We also provide information packages and community referrals.

Whether the diagnosis is unknown, recent or longstanding,
we are here for you throughout the journey.

Contact us at 905-576-2567 or 1-888-301-1106, www.alzheimerdurham.com.

Please note: On occasion, meeting times and dates may be subject to change without advance notice.

