

Comfort and Care in Late Stage Dementia

This three-part series of workshops is for family caregivers of persons with Alzheimer's disease or a related dementia (ADRD). These sessions address issues associated with the late stages. Caregivers may sign up for all three workshops or just the sessions they feel are most relevant to them.

Tuesday August 03, 2010 6:00pm to 8:00 pm

Are we in the last stage yet? Overview of Late Stage Dementia

Guest Speakers:

Loretta Tanner, Alzheimer Society of Durham Region

Brenda Davie, Alzheimer Society of Durham Region

Tuesday, August 17, 2010 6:00pm to 8:00pm

Nutrition and Feeding

Guest Speaker:

Heather Toll, Registered Dietitian, Hillsdale Terraces Long Term Care Home

Tuesday, August 31, 2010 6:00pm to 8:00pm

Meaningful Interactions

Guest Speaker:

To be determined

All sessions will be held at the
Alzheimer Society of Durham Region Office
419 King Street West, Suite 207 (Oshawa Centre Office Tower)

**For more information, or to pre-register, please call the office at
905-576-2567 or 1-888-301-1106.
Please call early, as space is limited.**

**** \$5.00 suggested donation ****



Understanding Late Stage ADRD

This session will examine the changes in the person in late stage dementia and offer caregiving tips. Topics include:

- **cognitive abilities**
- **mood and behaviour changes**
- **physical changes**
- **communication**
- **remaining needs and strengths**
- **quality of life discussion**

Nutrition

This session will offer practical tips for nutrition and meal time strategies and techniques.

Meaningful Interactions

Meaningful interactions are important to everyone. Come and learn the needs of the person with dementia in the later stages.

- **To feel connected to family, friends, and others, as well as to the world around them.**
- **To be respected and appreciated.**
- **To feel loved by those around them in order to reinforce that they are still people of value.**
- **To be known and understood for the person they are in order to ensure meaningful communication and interactions take place.**